

Troupio

(Auvergne, France)

Troupio is a simple bourée featuring the main characteristics of the Auvergne style: stamping, arm action, and sideward movements. It was learned from the group “la Bourée gannatoise” at Heritage 91 International, in Cornwall, Canada.

Pronunciation: troop-YOH

Cassette: “Si on dansait ” U.O.P. 1997 Side B/2; “Heritage 91 International” 3/8 meter

Formation: Closed circle of couples facing RLOD. Hands are free.

Steps: See Basic Steps.

Meas

Pattern

8 meas INTRODUCTION. No action.

CHORUS—RONDE À GAUCHE; À DROITE (CIRCLE L AND R)
(ROHND ah GOHSH, ROHND ah DRWAHT)

A 1-8 Beg on L, dance 8 bourée steps in RLOD. M arms are in W-pos with hands at shldr level (not joined), moving up and down with the music. For W, the arms move alternately twd and away from the body and the movements are smaller. M stamp on the last 2 meas and all end facing LOD.

9-16 Repeat meas 1-8 facing and moving in LOD. End facing ctr.

I. AVANT-DEUX (FWD AND BACK)

B 1-4 All join hands in W-pos and move fwd twd ctr with 4 bourrée steps. M stamp on the last 2 meas.

5-8 Repeat meas 1-4 moving back out of center.

9-16 Repeat meas 1-8.

A 1-16 CHORUS—RONDE À GAUCHE; À DROITE

II. AUTOUR DU PARTENAIRE (AROUND PTR) (oh-TOOR doo pahr-teh-NEHR)

B 1-4 Ptrs circle around each other using Lateral bourée steps (W begins to L passing in front of M and then to R passing behind M; M reverses steps and directions).

5-8 Repeat meas 1-4. M stamp on the last 2 meas.

9-16 Repeat meas 1-8 reversing steps and directions (M passes in front of W and then behind; W reverses).

Repeat dance from the beginning.

Presented by Germain and Louise Hébert